Routine Preventive Services for Children and Adolescents (Ages 2-21)

The following guideline provides recommendations for routine preventive services for children and adolescents ages 2-21 years. Children at increased risk may warrant additional services, e.g. Early Periodic Screening, Diagnosis, and Treatment Program (EPSDT). Personalized recommendations: to offer any patient, for age, gender and risk factor-based recommendations, see Electronic Preventive Services Selector.

**Visit Schedule**

- **Annually**
  - [A] Annual health, developmental screening (including once at 30 months) and risk assessments, including:
    - Tobacco use: Establish tobacco use and secondhand smoke exposure
    - Obesity screening and counseling if indicated: Record height, weight and BMI percentile; assess dietary, physical activity and sedentary behavior
    - Social Determinants of Health via Bright Futures
  - Parent and Child age-appropriate education and counseling:
    - Nutrition, physical activity, violence and abuse/bullying/trafficking (Michigan abuse and neglect hotline 855-555-3911), sexually transmitted infection prevention, suicide threats, alcohol and drug abuse, behavioral/emotional problems, anxiety, stress reduction, coping skills, immunizations, skin cancer prevention
    - Helmet use and protective gear for bicycle riding, skateboarding, skating, etc. [B]
    - Poison prevention: Keep the National Poison Control number (800-222-1222) readily accessible; use child resistant containers; dispose of expired or unused medications
    - Burn prevention: Install smoke detectors and test twice a year; carbon monoxide detectors; water heater temperature and fire prevention
    - Injury prevention: Firearm safety; water safety; CPR training
    - Screen time: limit screen time exposure/use; 2 to 6 years/one hour per day. Parents should designate media-free time.

**Vision screening [A]**

- 2-6 years: X (prior to school enrollment)
- 7-9 years: X
- 10-12 years: Every 2 years
- 13-21 years: X

**Chlamydia and other STI screening [A] (rescreen if change in risk status)**

- 2-6 years: X (≥ age 11, annually if sexually active)
- 7-9 years: X
- 10-12 years: Every 3 years

**Pregnancy prevention (abstinence, long-acting reversible contraception, condom use)**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X

**HIV screening [A] (age ≥ 15, younger if at increased risk)**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X

**Preconception counseling, Folic acid 400 mcg/d**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X

**HIV screening [A] (age ≥ 15, younger if at increased risk)**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X

**Cholesterol screening (if at increased risk, screen ages 2-8 and 12-16) [B]**

- 2-6 years: X (~ age 10)
- 7-9 years: X (~ age 20)
- 10-12 years: X

**Chlamydia and other STI screening [A] (rescreen if change in risk status)**

- 13-21 years: X (≥ age 11, annually if sexually active)

**Immunizations:**

- For updated immunization schedules see [CDC Advisory Committee on Immunization Practices ACIP](https://www.cdc.gov/vaccines/schedules/downloads/hcp/ucv-2020.pdf)
- Use combination vaccines to minimize the number of injections
- Update the Michigan Care Improvement Registry (MCIR)

**DTaP [A]**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: Tdap

**IPV**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X
- 13-21 years: X

**MMR (MMRV) [A]**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X
- 13-21 years: X

**Varicella [A]**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X
- 13-21 years: X

**Meningococcal (MCV4)**

- 2-6 years: X
- 7-9 years: X
- 10-12 years: X
- 13-21 years: Booster at age 16 years

**Influenza [B]:** For first immunization of children ≤ 8 years, give 2 doses one month apart. Age ≥ 9, and all children with 2 prior doses, give 1 dose annually.

**Human papilloma virus:** Give 2-dose series if started at 9-14 years. Give 3-dose series for ages 15-26, or if immunocompromised.

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