



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Routine Preventive Services for Children and Adolescents \(Ages 2-21\)](#)

Released: May 2019

This alert provides a summary of only the recommendations which were updated. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Personalized recommendations: to offer any patient, for age, gender and risk factor-based recommendations, see [Electronic Preventive Services Selector](#).

Visit Schedule

Annually

Annual health developmental screening (including once at 30 months) and risk assessments, including:

- Social Determinants of Health via [Bright Futures](#)

Parent and Child age-appropriate education and counseling:

- Nutrition, physical activity, violence and abuse/bullying/trafficking (Michigan abuse and neglect hotline 855-555-3911), sexually transmitted infection prevention, suicide threats, alcohol and drug abuse, behavioral/emotional problems, anxiety, stress reduction, coping skills, immunizations, skin cancer prevention
- Screen time: limit screen time exposure/use; 2 to 6 years/one hour per day. Parents should designate media-free time.

Recommendation

Psychological, behavioral, depression and suicide screening ([PHQ-9-M](#))

- Annually starting at age 10