Guideline: Tobacco Control

Released: September 2017

This alert provides a brief summary of updated recommendations. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

**Eligible population:**
All patients 12 years of age and older (regardless of prior use status)

**Key Component**
Identification of any form of tobacco and exposure status (never, former, current) and type (e-cigarettes/vaping, smokeless tobacco, pipe, snuff, dip, cigars, hookah [water pipe] and second-hand smoke)

**Assess:**
- Use of electronic cigarettes (vaping)
- Provide positive reinforcement to former tobacco users and non-users

**Eligible population:**
All patients identified as current smokers/tobacco users

**Key Component**
Intervention to promote cessation of tobacco use

**Advise:**
- Electronic cigarettes (vaping) have not been demonstrated to be a healthier alternative to smoking or able to facilitate smoking cessation, and should not be recommended by health professionals

**Assist:**
- Offer nicotine replacement therapy (adults only) and/or non-nicotine medications (varenicline, bupropion, others)