



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Prevention of Pregnancy in Adolescents 12-17 Years](#)

Released: May 2016 (updated July 2016)

Updated recommendations:

Assessment for risk of pregnancy

Ask, at least annually, in a way that establishes trust:

Introduce and discuss [My Reproductive Life Plan](#)

Assist patients in preventing pregnancy by:

Discussing abstinence, long-acting reversible contraceptives (e.g. IUD, implantable progestins) as a highly effective strategy for preventing unintended rapid repeat pregnancy, condom use, and other birth control methods.

Interventions to prevent pregnancy

Arrange

Ensure follow up that protects the adolescent's privacy and confidentiality. Obtain confidential phone number or other contact information from adolescent. Note: Loss of confidentiality may occur through the billing process.