Guideline: Prevention of Pregnancy in Adolescents 12-17 Years

Released: May 2016 (updated July 2016)

**Updated recommendations:**

Assessment for risk of pregnancy
Ask, at least annually, in a way that establishes trust:
  Introduce and discuss My Reproductive Life Plan

Assist patients in preventing pregnancy by:
  Discussing abstinence, long-acting reversible contraceptives (e.g. IUD, implantable progestins) as a highly effective strategy for preventing unintended rapid repeat pregnancy, condom use, and other birth control methods.

Interventions to prevent pregnancy
Arrange
  Ensure follow up that protects the adolescent’s privacy and confidentiality.
  Obtain confidential phone number or other contact information from adolescent. Note: Loss of confidentiality may occur through the billing process.

This alert provides a brief summary of updated recommendations. Refer to the complete guideline for all recommendations and level of evidence.