



Michigan Quality Improvement Consortium Clinical Practice Guideline Update Alert

Guideline: [Prevention and Identification of Childhood Overweight and Obesity](#)

Released: June 2022

This alert provides a summary of only the recommendations which were updated. Refer to the complete guideline for all recommendations and level of evidence.

Updated recommendations include:

Infant/Toddler (age 0-2)

- Added: “toddler milk” as high calorie drink to avoid

General Assessment

- Added: “Monitor” sleep patterns